PalArch's Journal of Archaeology of Egypt / Egyptology

"To study the tissues of Gender inequality in India"

ARCHANA SUDAM PATIL¹, DR. SANJIV SUKHDEV PAGARE², Dr. JAGDISH SHANKAR SONAWANE^{3*}.

¹Research scholar - JJT University Rajasthan ²Asst. Prof. Dr. Babasaheb Ambedkar College of social work Morane Dist. Dhule ^{3*}Research Guide -

JJT University Rajasthan, Asst. Prof. P. J. N. College of social work Amalner Jsonawane20@gmail.com

ARCHANA SUDAM PATIL¹, DR. SANJIV SUKHDEV PAGARE², Dr. JAGDISH SHANKAR SONAWANE^{3*}, To study the tissues of Gender inequality in India, -- Palarch's Journal Of Archaeology Of Egypt/Egyptology 17(9). ISSN 1567-214x

Keywords: Gender inequality, Issues

ABSTRACT

Gender inequality has been a social issue in India for centuries. That in many parts of India, the birth of a girl child is not welcomed is a known fact. It is a known fact too, that discrimination s tarts from even before the girl child is born and sometimes she is killed as a fetus, and if she ma nages to see the light of day, she is killed as an infant, which makes up the highly skewed child sex ratio where for every 1000 boys in India, there are only 908 girls. In such a scenario, it is but obvious that for myriad reasons, many girls across the country are forced to drop out of school

Patriarchal norms have marked women as inferior to men. A girl child is considered a burden an d is often not even allowed to see the light of the world. It is hard to imagine this state of affairs in the 21st Century when women have proved to be strong leaders in every field possible. From wrestling to business, the world has been revolutionized by exceptional women leaders in fields that were until recently completely dominated by men.

But in spite of such progress, even today, the girl child is discriminated against in most Indian h ouseholds. The birth of a baby boy is celebrated with great pomp and ardor, but the birth of a girl child is received with dismay. The practice of female feticide through sex selective abortion c ontinues to be practiced in spite of the Prenatal Diagnostic Technique Act of 1994. In India the child sex ratio is at the lowest it has ever been with just 914 girls for every 1000 boys (Census, 2011).

And this discrimination continues in every aspect. Be it education, health, protection or participa tion, the girl child is always treated unequally. Indian society still hasn't been awakened to the i mportance of empowering the women. The statistics still narrate a grim story of female feticide, girl child discrimination and gender bias.

Introduction -

The need of the hour is to make a change in the mindset of the society and destro y the prejudices that damage the future of the girl child. What is required is a con certed effort to sensitize the society in eradicating this issue of gender inequality. It is high time that every child is treated equally and given every opportunity required to grow to his/her full potential.

10 Causes of Gender Inequality

Over the years, the world has gotten closer to achieving gender equality. There is better representation of women in politics, more economic opportunities, and bett er healthcare in many places of the world. However, the world economic forum e stimates it will take another century before true gender equality becomes a reality . What drives the gap between genders? Here are 10 causes of gender inequality:

1. Uneven access to education

Around the world, women still have less access to education than men.1/4 of you ng women between 15-

24 will not finish primary school. That group makes up 58% of the people not co mpleting that basic education. Of all the illiterate people in the world, $\frac{2}{3}$ are wom en. When girls are not educated on the same level as boys, it has a huge effect on their future and the kinds of opportunities they'll get.

2. Lack of employment equality

Only 6 countries in the world give women the same legal work rights as men. In fact, most economies give women only 3/4 the rights of men. Studies show that if employment became a more even playing field, it has a positive domino effect on other areas prone to gender inequality.

3. Job segregation

One of the causes for gender inequality within employment is the division of jobs . In most societies, there's an inherent belief that men are simply better equipped to handle certain jobs. Most of the time, those are the jobs that pay the best. This discrimination results in lower income for women. Women also take on the prima ry responsibility for unpaid labor, as even as they participate in the paid workforc e, they have extra work that never gets recognized financially.

4. Lack of legal protections

According to research from World Bank, over one billion women don't have lega I protection against domestic sexual violence or domestic economic violence. Bot h have a significant impact on women's ability to thrive and live in freedom. In many countries, there's also a lack of legal protections against harassment in the workplace, at school, and in public. These places become unsafe and without prot ection, women frequently have to make decisions that compromise and limit their goals.

5. Lack of bodily autonomy

Many women around the world do not have authority over their own bodies or when they become parents. Accessing birth control is frequently very difficult. According to the World heath organization, over 200 million women who don't want to get pregnant are not using contraception. There are various reasons for this such as a lack of options, limited access, and cultural/religious opposition. On a glob al scale, about 40% of pregnancies are not planned and while 50% of them do end in abortion, 38% result in births. These mothers often become financially dependent on another person or the state, losing their freedom.

6. Poor medical care

In addition to limited access to contraception, women overall receive lower-quality medical care than men. This is linked to other gender inequality reasons s uch as a lack of education and job opportunities, which results in more women be ing in poverty. They are less likely to be able to afford good healthcare. There's a lso been less research into diseases that affect women more than men, such as aut oimmune disorders and chronic pain conditions. Many women also experience di scrimination and dismissal from their doctors, broadening the gender gap in healt hcare quality.

7. Lack of religious freedom

When religious freedom is attacked, women suffer the most. According to the wo rld economic foram, when extremist ideologies (such as ISIS) come into a comm unity and restrict religious freedom, gender inequality gets worse. In a study perf ormed by Georgetown University and Brigham Young University, researchers we re also able to connect religious intolerance with women's ability to participate in the economy. When there's more religious freedom, an economy becomes more stable thanks to women's participation.

8. Lack of political representation

Of all national parliaments at the beginning of 2019, only 24.3% of seats were fill ed by women. As of June of 2019, 11 Heads of State were women. Despite progr ess in this area over the years, women are still grossly underrepresented in govern ment and the political process. This means that certain issues that female politicia ns tend to bring up –

such as parental leave and childcare, pensions, gender equality laws and gender bias violence –are often neglected.

9. Racism

It would be impossible to talk about gender inequality without talking about racis m. It affects what jobs women of color are able to get and how much they're paid , as well as how they are viewed by legal and healthcare systems. Gender inequal ity and racism have been closely-

linked for a long time. According to Sally Ketch, a professor and author, Europea n settlers in Virginia decided what work could be taxed based on the race of the woman performing the work. African women's work was "labor," so it was taxab le, while work performed by English women was "domestic" and not taxable. The pay gaps between white women and women of color continue that legacy of discrimination and contribute to gender inequality.

10. Societal mindsets

It's less tangible than some of the other causes on this list, but the overall mindset of a society has a significant impact on gender inequality. How society determine s the differences and value of men vs. women plays a starring role in every arena, whether it's employment or the legal system or healthcare. Beliefs about gender r un deep and even though progress can be made through laws and structural chang es, there's often a pushback following times of major change. It's also common f or everyone (men and women) to ignore other areas of gender inequality when th ere's progress, such as better representation for women leadership These types of mindsets prop up gender inequality and delay significant change.

Gender inequality "Gender imbalance" redirects here. For demographics, see Sex

selection abortion.

$$p(\mathcal{S}) \neq p(\mathcal{S})$$

Gender inequality cropped

Gender inequality is the idea that men and women are not equal and that gender affects an individual's living experience. These differences arise from distinctions in biology, psychology, and cultural norms. Some of these types of distinctions ar e empirically grounded while others appear to be socially constructed. Studies sh ow the different lived experience of genders across many domains including educ ation, life expectancy, personality, interests, family life, careers, and political affil iations. Gender inequality is experienced differently across different cultures.

Biology

Natural differences exist between the sexes based on biological and anatomic fact ors, mostly differing reproductive roles. Biological differences include chromoso mes and hormonal differences. There is a natural difference also in the relative ph ysical strengths (on average) of the sexes, both in the lower body and more prono uncedly in the upper-

body, though this does not mean that any given man is stronger than any given w oman. Men, on average, are taller, which provides both advantages and disadvant ages. Women, on average, live significantly longer than men, though it is not clear to what extent this is a biological difference –

Life expectancy. Men have larger lung volumes and more circulating blood cells and clotting factors, while women have more circulating white blood cells and pr oduce antibodies faster. Differences such as these are hypothesized to be an adapt ion allowing for sexual specialization.

Objective -

- 1. To study the Issues due to inequality of gender.
- 2. To study the Causes due to inequality of gender.

Hypothesis -

- 1. The problems rise in society due to inequality of gender Issues.
- 2. The Causes Impact on society due to inequality of gender.

Research methodology -

Descriptive research definition: Descriptive research is defined as a research meth od that describes the characteristics of the population or phenomenon studied. Thi s methodology focuses more on the "what" of the research subject than the "why" of the research subject.

The descriptive research method primarily focuses on describing the nature of a d emographic segment, without focusing on "why" a particular phenomenon occurs . In other words, it "describes" the subject of the research, without covering "why" it happens.

Sampling -

Purposeful sampling is widely used in qualitative research for the identification a nd selection of information-

rich cases related to the phenomenon of interest. Although there are several differ ent purposeful sampling strategies, criterion sampling appears to be used most co mmonly in implementation research. However, combining sampling strategies ma y be more appropriate to the aims of implementation research and more consisten t with recent developments in quantitative methods. This paper reviews the princi ples and practice of purposeful sampling in implementation research, summarizes types and categories of purposeful sampling strategies and provides a set of recommendations for use of single strategy or multistage strategy designs, particularly for state implementation research.

Psychology

Prenatal hormone exposure influences extent one exhibits traditional masculine or feminine behavior. Negligible differences between males and females exist in gen eral intelligence. Men are significantly more likely to take risks than women. Men are also more likely than women to be aggressive, a trait influenced by prenatal and possibly current androgen exposure. It has been theorized that these differences combined with physical differences are an adaption representing sexual division of labour A second theory proposes sex differences in intergroup aggression represent adoptions in male aggression to allow for territory, resource and mate acquisition. Females are (on average) more empathetic than males, though this does not mean that any given woman is more empathetic than any given man. Men and women have better visuospatial and verbal memory, respectively.

Income disparities linked to job stratification

Across the board, a number of industries are stratified across the genders. This is the result of a variety of factors. These include differences in education choices, p referred job and industry, work experience, number of hours worked, and breaks in employment (such as for bearing and raising children). Men also typically go in to higher paid and higher risk jobs when compared to women. These factors result in 60% to 75% difference between men's and women's average aggregate wages or salaries, depending on the source. Various explanations for the remaining 25% to 40% have been suggested, including women's lower willingness and ability to negotiate salary and sexual discrimination According to the European commotion direct discrimination only explains a small part of gender wage differences.

Men are reluctant to enter female-

dominated occupations because of this and similarly resist the entrance of women into male-

dominated occupations. In developing countries such as the Dominican Republic, female entrepreneurs are statistically more prone to failure in business. In the eve nt of a business failure women often return to their domestic lifestyle despite the absence of income. On the other hand, men tend to search for other employment as the household is not a priority.

In 2014, a report by the International Labor Organization (ILO) reveals the wage gap between Cambodian women factory workers and other male counterparts. Th ere was a US\$25 monthly pay difference conveying that women have a much low er power and being devalued not only at home but also in the workplace.

Professional education and careers

Additionally, with reliable birth control, young men and women had more reason to delay marriage. This meant that the marriage market available to any women w ho "delay marriage to pursue a career... would not be as depleted. Thus the Pill co uld have influenced women's careers, college majors, professional degrees, and the age at marriage."

Gender pay differences

Wage discrimination is when an employer pays different wages to two seemingly similar employees, usually on the basis of gender or race. Kampelmann and Ry cx (2016) explain two different explanations for the differences observed in wage s. They explain that employer tastes and preferences for foreign workers and/or c ustomers can translate into having a lower demand for them as a whole and as a r esult offering them lower wages, as well as the differences in career dynamics, w hereas, if there is large differences between immigrant workers and "native" work ers, it could lead to wage discrimination for immigrant workers. Within the discrimination of domestic to foreign workers there is also discrimination among foreign workers based on gender. Female migrant workers are faced with a "triple-discrimination". This "triple-

discrimination" states that women foreign workers are more at risk to experience discrimination because they are women, unprotected workers, and migrant workers

Gender roles in parenting and marriage

Gender roles are heavily influenced by biology, with male-

female play styles correlating with sex hormones, sexual orientation, aggressive tr aits, and pain. Furthermore, females with congenital adrenal hyperplasia demonstr ate increased masculinity and it has been shown that rhesus macaque children exh ibit preferences for stereotypically male and female toys

Gender inequality in relationships

Gender equality in relationships has been growing over the years but for the majo rity of relationships, the power lies with the male. Even now men and women pre sent themselves as divided along gender lines. A study done by Szymanowicz an d Furnham, looked at the cultural stereotypes of intelligence in men and women, showing the gender inequality in self-

presentation. This study showed that females thought if they revealed their intelli gence to a potential partner, then it would diminish their chance with him. Men h owever would much more readily discuss their own intelligence with a potential partner. Also, women are aware of people's negative reactions to IQ, so they limit its disclosure to only trusted friends. Females would disclose IQ more often than men with the expectation that a real true friend would respond in a positive way. Intelligence continues to be viewed as a more masculine trait, than feminine trait. The article suggested that men might think women with a high IQ would lack traits that were desirable in a mate such as warmth, nurturance, sensitivity, or kindness. Another discovery was that females thought that friends should be told about one's IQ more so than males. However, males expressed doubts about the test's re liability and the importance of IQ in real life more so than women.

Attempts in equalizing household work

Despite the increase in women in the labor force since the mid-

1900s, traditional gender roles are still prevalent in American society. Many wom en are expected to put their educational and career goals on hold in order to raise a family, while their husbands become primary breadwinners. However, some wo men choose to work and also fulfill a perceived gender role of cleaning the house and caring for children. Despite the fact that certain households might divide chor es more evenly, there is evidence supporting the issue that women have continued

being the primary care-giver in family life even if they work full-

time jobs. This evidence suggests that women who work outside the home often p ut an extra 18 hours a week doing household or childcare related chores as oppos ed to men who average 12 minutes a day in childcare activities. One study by van Hooff showed that modern couples, do not necessarily purposefully divide things like household chores along gender lines, but instead may rationalize it and make excuses. One excuse used is that women are more competent at household chores and have more motivation to do them, and some say the jobs men have are much more demanding.

Gender inequalities in relation to technology

One survey showed that men rate their technological skills in activities such as ba sic computer functions and online participatory communication higher than wome n. However, this study was a self-

reporting study, where men evaluate themselves on their own perceived capabiliti es. It thus is not data based on actual ability, but merely perceived ability, as parti cipants' ability was not assessed. Additionally, this study is inevitably subject to t he significant bias associated with self-reported data.

Women are often drastically underrepresented within university technology and I CT focused programs while being overrepresented within social programs and hu manities. Although data has shown women in western society generally outperfor m men in higher education, the labor markets of women often provide less opport unity and lower wages than that of men. Gender stereotypes and expectations may have an influence on the underrepresentation of women within technology and I CT focused programs and careers.

Property inheritance

Many countries have laws that give less inheritance of the ancestral property for women compared to men.

Structural marginalization

Gender inequalities often stem from social structures that have institutionalized c onceptions of gender differences.

Marginalization occurs on an individual level when someone feels as if they are on the fringes or margins of their respective society. This is a social process and displays how current policies in place can affect people. For example, media advert isements display young girls with easy bake ovens (promoting being a housewife) as well as with dolls that they can feed and change the diaper of (promoting being a mother).

Gender stereotypes

Cultural stereotypes, which can dictate specific roles, are engrained in both men a nd women and these stereotypes are a possible explanation for gender inequality and the resulting gendered wage disparity. Women have traditionally been viewe d as being caring and nurturing and are designated to occupations which require s uch skills¹ While these skills are culturally valued, they were typically associated with domesticity, so occupations requiring these same skills are not economically valued. Men have traditionally been viewed as the main worker in the home, so j obs held by men have been historically economically valued and occupations pre dominated by men continue to be economically valued and earn higher wages.

Sexism and discrimination

Gender inequality can further be understood through the mechanisms of sexism. Discrimination takes place due to the prejudiced treatment of men and women ba sed on gender alone. Sexism occurs when men and women are framed within two dimensions of social cognition.

Discrimination also plays out with networking and in preferential treatment within the economic market. Men typically occupy positions of power in society. Due to socially accepted gender roles or preference to other men, males in power are more likely to hire or promote other men, thus discriminating against women. Addressing gender inequality through social protection programmes designed to increase equality would be an effective way of reducing gender inequality, according to the Overseas Development Institute (ODI). Researchers at the ODI argue for the need to develop the following in social protection in order to reduce gender inequality and increase growth:

- Community childcare to give women greater opportunities to seek employment
- Support parents with the care costs (e.g. South African child/disability grant s)
- Education stipends for girls (e.g. Bangladesh's Girls Education Stipend sche me)
- Awareness-

raising regarding gender biased violence, and other preventive measures, such as financial support for women and children escaping abusive environments (e.g. N GO pilot initiatives in Ghana)

- Inclusion of programme participants (women and men) in designing and eva luating social protection programmes
- Gender-awareness and analysis training for programme staff
- Collect and distribute information on coordinated care and service facilities (e.g. access to micro-credit and micro-entrepreneurial training for women)
- Developing monitoring and evaluation systems that include sexdisaggregated data

The ODI maintains that society limits governments' ability to act on economic inc entives.

The Gender gap index world map for 2013.

s do methods for combating it.

Gender inequality is a result of the persistent discrimination of one group of peop le based upon gender and it manifests itself differently according to race, culture, politics, country, and economic situation. It is furthermore considered a causal fac tor of violence against women. While gender discrimination happens to both men and women in individual situations, discrimination against women is an entrenche d, global pandemic In the Democratic Republic of the Congo, rape and violence against women and girls is used as a tool of war. In Afghanistan, girls have had a cid thrown in their faces for attending school. Considerable focus has been given to the issue of gender inequality at the international level by organizations such a s the United Nations (UN), the Organization for Economic Cooperation and Development. (OECD), and the World bank, particularly in developing countries. The causes and effects of gender inequality vary geographically, a

Asia

One example of the continued existence of gender inequality in Asia is the "Miss ing gilrs" phenomenon. "Many families desire male children in order to ensure an extra source of income. In China, females are perceived as less valuable for labor and unable to provide sustenance." Moreover, gender inequality is also reflected in the educational aspect of rural China. Gender inequality exists because of gender stereotypes in rural China. For example, families may consider that it is useless for girls to acquire knowledge at school because they will marry someone eventually, and their major responsibility is to take care of housework.

China

Gender inequality in China derives from deeply rooted Confusion beliefs about g ender roles in society. However, despite the existence of state programs, women s till face discrimination in China. According to the United Nations Development P rogramme, China was ranked 39 out of 162 countries on the Gender Inequality In dex in 2018, while it was ranked 91 out of 187 in 2014. According to the World Economic Foram global gender gap index, China's gap has widened and its rank has dropped to 106 out of 153 countries in 2020. It ranked last in terms of health and survival. According to Human Rights Watchs, job discrimination remains a si gnificant issue as 11% of postings specify a preference or requirement of men. In fact, Chinese women are often asked whether they expect to have children during interview as it is considered an obstacle to the job application, and as women gen erally retire around 40, it is difficult for them to advance. In addition, Chinese wo men earn 78.2% for every dollar paid to a man in 2019, according to a study con ducted by Boss Zipping. South Korea

Gender inequality in South Korea is derived from deeply rooted patriarchal ideol ogies with specifically defined Gender roles the gender-

based stereotypes are often unchallenged and even encouraged by the government . South Korea has the lowest rank among OECD countries in the Economist's "Gl ass Ceiling Index", which evaluates women's higher education, number of wome n in managerial positions and in parliament.

Africa

Although African nations have made considerable strides towards improving gen der parity, the World Economic Forum's 2018 Global Gender Gap Index reported that sub-

Saharan African and North African countries have only bridged 66% and 60% of their gender inequality. Women face considerable barriers to attending equal status to men in terms of property ownership, gainful employment, political power, credit, education, and health outcomes.

Europe

The Global Gender Gap Report put out by the World Economic Forum (WEF) in 2013 ranks nations on a scale of 0 to 1, with a score of 1.0 indicating full gender equality. A nation with 35 women and 65 men in political office would get a score of 0.538 as the WEF is measuring the gap between the two figures and not the a ctual percentage of women in a given category. While Europe holds the top four s pots for gender equality, with Iceland, Finland, Norway, and Sweden ranking 1st through 4th respectively, it also contains two nations ranked in the bottom 30 countries, Albania at 108 and Turkey at 120. The Nordic Countries, for several years,

have been at the forefront of bridging the gap in gender inequality. Every Nordic country, aside from Denmark which is at 0.778, has reached above a 0.800 score. In contrast to the Nordic nations, the countries of Albania and Turkey continue to struggle with gender inequality. Albania and Turkey failed to break the top 100 n ations in 2 of 4 and 3 of 4 factors, respectively. However, despite the disparity, E uropean nations continue to make advances in the many factors that are used to d etermine a nation's gender gap score.

Western Europe

Western Europe, a region most often described as comprising the noncommunist members of post-

WWII Europe, has, for the most part been doing well in eliminating the gender g ap. Western Europe holds 12 of the top 20 spots on the Global Gender Gap Repor t for overall score. While remaining mostly in the top 50 nations, four Western E uropean nations fall below that benchmark. Portugal is just outside of the top 50 a t number 51 with score of 0.706 while Italy (71), Greece (81) and Malta (84) rece ived scores of 0.689, 0.678 and 0.676, respectively.

Eastern Europe

A large portion of Eastern Europe, a region most often described as the former co mmunist members of post-

WWII Europe, resides between 40th and 100th place in the Global Gender Gap R eport. A few outlier countries include Lithonia, which jumped nine places (37th t o 28th) from 2011 to 2013, Latvia, which has held the 12th spot for two consecut ive years, Albania and Turkey.

Russia

, Russia gender inequality ratio is 0.255, ranking it 54 out of 162 countries in 201 8. Women hold 16.1% of parliamentary seats and 96.3% have reached at least a s econdary level of education. Researchers calculate the loss to the annual budget d ue to gender segregation to be roughly 40-

50%. Although women hold prominent positions in Russia's government, traditio nal gender roles are still prevalent, and there is room for improvement when dealing with gender pay gap, domestic violence and sexual harassment.

India

India ranking remains low in gender equality measures by the World Economic F orum, although the rank has been improving in recent years. When broken down i nto components that contribute the rank, India performs well on political empowe rment, but is scored near the bottom with China on Sex Selective abortion. India also scores poorly on overall female to male Literacy and health rankings. India with a 2013 ranking of 101 out of 136 countries had an overall score of 0.6551; while Iceland, the nation that topped the list, had an overall score of 0.8731 (no g ender gap would yield a score of 1.0). Gender inequalities impact India's sex ratio , women's health over their lifetimes, their educational attainment, and economic conditions. It is a multifaceted issue that concerns men and women alike.

The labor force participation rate of women was 80.7% in 2013. Nancy Lockwoo d of the Society of Human Resource Management, the world's largest human resources association with members in 140 countries, in a 2009 report wrote that fem ale labor participation is lower than men, but has been rapidly increasing since the 1990s. Out of India's 397 million workers in 2001, 124 million were women, st

ates Lockwood.

India is on target to meet its Millennium Development Goals of gender parity in e ducation before 2016. UNICEF's measures of attendance rate and Gender Equalit y in Education Index (GEEI) attempt to capture the quality of education. Despite some gains, India needs to triple its rate of improvement to reach GEEI score of 9 5% by 2015 under the Millennium Development Goals. A 1998 report stated that rural India girls continue to be less educated than the boys.

United States

The World Economic Forum measures gender equity through a series of economic, educational, and political benchmarks. It has ranked the United States as 19th (up from 31st in 2009) in terms of achieving gender equity. The US Department of Labor has indicated that in 2009, "the median weekly earnings of women who were full-

time wage and salary workers was... 80 percent of men's". The Department of Justice found that in 2009, "the percentage of female victims (26%) of intimate partner violence was about 5 times that of male victims (5%)". "The United States ranks 41st in a ranking of 184 countries on maternal deaths during pregnancy and childbirth, below all other industrialized nations and a number of developing countries" and women only represent 20% of members of Congress.

Political affiliations and behaviors

Existing research on the topic of gender/sex and politics has found differences in political affiliation, beliefs, and voting behavior between men and women, althou gh these differences vary across cultures. Gender is omnipresent in every culture, and while there are many factors to consider when labeling people "Democrat" or "Republican"—such as race and religion—

gender is especially prominent in politics. Studying gender and political behavior poses challenges, as it can be difficult to determine if men and women actually di ffer in substantial ways in their political views and voting behavior, or if biases a nd stereotypes about gender cause people to make assumptions. However, trends in voting behavior among men and women have been proven through research.

Challenges to women in politics

Overall, politics in United States is dominated by men, which can pose many chal lenges to women who decide to enter the political sphere. As the number of wom en participants in politics continue to increase around the world, the gender of fe male candidates serves as both a benefit and a hindrance within their campaign th emes and advertising practices. The overarching challenge seems to be that—no matter their actions—

women are unable to win in the political sphere as different standards are used to judge them when compared to their male counterparts.

Steps needed for change

Several forms of action have been taken to combat institutionalized sexism. Peopl e are beginning to speak up or "talk back" in a constructive way to expose gender inequality in politics, as well as gender inequality and under-

representation in other institutions. Researchers who have delved into the topic of institutionalized sexism in politics have introduced the term "undoing gender." Th is term focuses on education and an overarching understanding of gender by enco uraging "social interactions that reduce gender difference." Some feminists argue

that "undoing gender" is problematic because it is context-

dependent and may actually reinforce gender. For this reason, researchers suggest "doing gender differently" by dismantling Gender norms and expectations in polit ics, but this can also depend on culture and level of government (e.g. local versus federal).

Conclusion -

Accelerating progress and opportunities across India for every girl and every boy Every child deserves to reach her or his full potential, but gender inequalities in t heir lives and in the lives of those who care for them hinder this reality. Whereve r they live in India girls and boys see gender inequality in their homes and comm unities every day –

in textbooks, in movies, in the media and among the men and women who provid e their care and support. Across India gender inequality results in unequal opport unities, and while it impacts on the lives of both genders, statistically it is girls th at are the most disadvantaged. Globally girls have higher survival rates at birth, a re more likely to be developmentally on track, and just as likely to participate in preschool, but **India is the only large country where more girls die than boys**. Girls are also more likely to drop out of school. In India girls and boys experien ce adolescence differently. While boys tend to experience greater freedom, girls t end to face extensive limitations on their ability to move freely and to make decis ions affecting their work, education, marriage and social relationships. As girls and boys age the gender barriers continue to expand and continue into adulthood w here we see only a quarter of women in the formal workplace. Some Indian wom en are global leaders and powerful voices in diverse fields but most women and g irls in India do not fully enjoy many of their rights due to deeply entrenched patri archal views, norms, traditions and structures.

India will not fully develop unless both girls and boys are equally supporte d to reach their full potential.

There are risks, violations and vulnerabilities girls face just because they are girls . Most of these risks are directly linked to the economic, political, social and cult ural disadvantages girls deal with in their daily lives. This becomes acute during crisis and disasters. With the prevalence of gender discrimination, and social nor ms and practices, girls become exposed to the possibility of child marriage, teena ge pregnancy, child domestic work, poor education and health, sexual abuse, expl oitation and violence. Many of these manifestations will not change unless girls a re valued more.

The solution It is critical to enhance the value of girls by investing in and empow ering them, with education, life skills, sport and much more. By increasing the value of girls we can collectively contribute to the achievement of specific results, some short-

term (increasing access to education, reducing anemia), others mediumterm (ending child marriage) and others long-term (eliminating genderbiased sex selection).

Changing the value of girls has to include men, women and boys. It has to mobilize many sectors in society. Only when society's perception changes, will the rights of all the girls and all the boys in India be fulfilled. Empower ing girls requires focused investment and collaboration. Providing girls with the s

ervices and safety, education and skills they need in daily life can reduce the risks they face and enable them to fully develop and contribute to India's growth. Girl s have an especially difficult time accessing life-

saving resources, information and social networks in their daily life. Access to programmes specifically tailored to the needs of girls –

with a focus on education and developing life skills, ending violence and incorpo rating the needs and contributions of girls from vulnerable groups, including thos e with disabilities, can strengthen the resilience of millions of girls. Long-

term solutions designed with and for girls can further strengthen this resilience and be a pathway of transformational and lifelong opportunity for girls. All girls, especially adolescent girls, need platforms to voice the challenges they face in every day life and explore the solutions that work for them so they can build better futures for themselves and their communities. UNICEF India's 2018-

2022 Country Programme has been developed in response to the identification of deprivations that Indian children face, including gender based deprivations. Each programmatic outcome is committed to a gender priority that is noted explicitly in its programme, budget and results. These include:

- **Health:** Reducing excess female mortality under five and supporting equal c are-seeking behaviour for girls and boys. (Example: front-line workers encourage families to take sick baby girls to the hospital immediatel y)
- **Nutrition:** Improving nutrition of women and girls, especially by promoting more equitable eating practices (Example: women cooperatives develop and implement their own micro-plans for improved nutrition in their villages)
- Education: Gender responsive support to enable out-ofschool girls and boys to learn and enabling more genderresponsive curricula and pedagogy (Example: implementing new strategies for id entifying vulnerable out of school girls and boys, overhaul of textbooks so that the language, images and messages do not perpetuate gender stereotypes)
- Child protection: Ending child and early marriage (Example: supporting pa nchayats to become "child-marriage free", facilitating girls and boys clubs that teach girls sports, photograph y, journalism and other non-traditional activities)
- WASH: Improving girls' access to menstrual hygiene management, includin g through well-

equipped separate toilets in schools (Example: developing gender guidelines from Swacch Bharat Mission, supporting states to implement MHM policy)

- Social policy: Supporting state governments to develop genderresponsive cash transfer programmes and supporting women's leadership in local governance (Example: cash transfer programme in West Bengal to enable girls to stay in school, a Resource Centre for women panchayat leaders in Jharkhand)
- **Disaster risk reduction:** Enabling greater gender disaggregation of informa tion management for disaster risk reduction and more leadership and participation of women and girls (Example: greater women's leadership and participation in V illage Disaster Management Committees)
- Joint C4D-

Gender strategy: UNICEF's Communication for Development (C4D) team deve

lops social and behaviour change communication to support each outcome. These communications prioritize efforts to change negative gender norms like unequal feeding, unequal investment in young girls and boys, harmful MHM practices and perpetuation of lower value of girls than boys through wedding dowry.

- Advocating for and promoting equal value of girls: UNICEF's Communications, Advocacy and Partnerships team works with media, influencers and game changers to advocate for UNICEF priorities, which, in the 2018-2022 programme, includes Equal Value of Girls and Boys.
- Increasing and improving girls' and women's safe mobility: UNICEF I ndia has begun work in some states to work on new programmes with new partners to improve the ability and freedom of women and girls, including to access government services like schools and hospitals.

Strategic partnerships

Key partners include the Ministry of Women and Child Development, especially i ts leadership of the Beti Bachao, Beti Padao, Programme, which UNICEF India is supporting at the national and state level. UNICEF India works closely with othe r UN agencies to support gender equality, especially with United Nations Populat ion Fund and UN Women. Civil society organizations, including gender experts a nd activities are also key partners.

References -

- 1. ^ "Life expectancy at birth, Country Comparison to the World". CIA World Factbook. US Central Intelligence Agency. n.d. Retrieved 12 Jan 2011.
- 2. A Byrnes, James P.; Miller, David C.; Schafer, William D. (1999). "Gender differences in risk taking: A meta-analysis". Psychological Bulletin. **125** (3): 367–383. doi:10.1037/0033-2909.125.3.367.
- 3. ^ Card, Noel A.; Stucky, Brian D.; Sawalani, Gita M.; Little, Todd D. (2008 -10-
- 01). "Direct and indirect aggression during childhood and adolescence: a meta-analytic review of gender differences, intercorrelations, and relations to maladjust ment". Child Development. **79** (5): 1185–1229. doi:10.1111/j.1467-8624.2008.01184.x. ISSN 1467-8624. PMID 18826521. S2CID 7942628.
- 4. ^ Carlson, N. 'Hormonal Control of Aggressive Behavior' Chapter 11 in [Physiology of Behavior],2013, Pearson Education Inc.
- 5. ^ Celec, Peter; Ostatníková, Daniela; Hodosy, Július (17 February 2015). "O n the effects of testosterone on brain behavioral functions". Frontiers in Neuroscie nce. 9: 12. doi:10.3389/fnins.2015.00012. ISSN 1662-4548. PMC 4330791. PMID 25741229.
- 6. ^ Christov-

Moore, Leonardo; Simpson, Elizabeth A.; Coudé, Gino; Grigaityte, Kristina; Iaco boni, Marco; Ferrari, Pier Francesco (1 October 2014). "Empathy: gender effects in brain and behavior". Neuroscience and Biobehavioral Reviews. **46** (4): 604–627. doi:10.1016/j.neubiorev.2014.09.001. ISSN 1873-7528. PMC 5110041. PMID 25236781.

7. ^ Colom, Roberto; Juan-

Espinosa, Manuel; Abad, Francisco; García, Luís F (February 2000). "Negligible

- Sex Differences in General Intelligence". Intelligence. **28** (1): 57–68. doi:10.1016/S0160-2896(99)00035-5.
- 8. ^ Cordier, B (2012). "Gender, betwixt biology and society". European Journ al of Sexology and Sexual Health.
- 9. ^ Eliot, Lise. Pink Brain, Blue Brain.
- 10. ^ Frontera, WR; Hughes, VA; Lutz, KJ; Evans, WJ (1991). "A cross-sectional study of muscle strength and mass in 45- to 78-yr-old men and women". J Appl Physiol. **71**(2): 644–
- 50. doi:10.1152/jappl.1991.71.2.644. PMID 1938738.
- 11. ^ Jump up to:^a b Alfred Glucksman (1981). Sexual Dimorphism in Human a nd Mammalian Biology and Pathology. Academic Press. pp. 66–75. ISBN 978-0-12-286960-0. OCLC 7831448.
- 12. ^ Jump up to:^{a b} Puts, David A. (2010). "Beauty and the beast: Mechanisms of sexual selection in humans". Evolution and Human Behavior. **31** (3): 157–175. doi:10.1016/j.evolhumbehav.2010.02.005.
- 13. ^ Maughan RJ, Watson JS, Weir J (1983). "Strength and cross-sectional area of human skeletal muscle". The Journal of Physiology. **338** (1): 37 –49. doi:10.1113/jphysiol.1983.sp014658. PMC 1197179. PMID 6875963.
- 14. ^ Reinisch, June Machover; Ziemba-
- Davis, Mary; Sanders, Stephanie A. (1 January 1991). "Hormonal contributions to sexually dimorphic behavioral development in humans". Psychoneuroendocrino logy. **16** (1–3): 213–278. doi:10.1016/0306-4530(91)90080-
- D. PMID 1961841. S2CID 44814972.
- 15. ^ Samaras, Thomas (2007). Human body size and the laws of scaling. New York: Nova Science. pp. 33–61. ISBN 978-1-60021-408-0.
- 16. ^ Simerly, Richard B. (1 February 2005). "Wired on hormones: endocrine re gulation of hypothalamic development". Current Opinion in Neurobiology. **15** (1) : 81–85. doi:10.1016/j.conb.2005.01.013. ISSN 0959-4388. PMID 15721748. S2CID 24944473.
- 17. Wood, Julia. Gendered Lives. 6th. Belmont, CA: Wadsworth/Thomson Learning, 2 005.